



THREEFOLD CAFÉ

Nature Place Day Camp – 2019 Threefold Cafe Lunch Program

WHAT'S INVOLVED? – Getting your kids out the door is no mean feat - let us take some of the work out of it by providing a fresh, filling and nutritionally balanced lunch each day. The **Threefold Café**, located on the NPDC campus, prepares delicious boxed lunches and delivers them to camp in time for lunch each day.

TO GET STARTED – Go to <https://threefoldcafe.h1.hotlunchonline.net>. Register, add your camper(s) and their group info, and you are set to go. Order lunches and shazam! Delicious, nutritious lunches will be delivered to your camper(s).

LEAVE NO TRACE – As a partner with The Nature Place, we use only reusable stainless-steel lunch boxes for lunch packaging. To help make this possible, we have an initial **one-time** setup fee of \$16 per camper. It's on the honor system, so please add that item to your cart with your first order.

PAYMENTS & ORDERING – Payments are made online and you may order daily, weekly, or for your entire camp stay. Please note: orders must be placed **no less than 24 hours in advance**. (i.e. by noon the **day before** lunch is needed). If you need to place a late order (up until 7am on the day of), an additional \$2 charge will be added. In an emergency (day of, after 7am), please call the café at (845) 352-3130 to see if a lunch can be added last minute.

Please note the late fee will be waived during the first week of camp (July 1st to July 5th) as families get used to the ordering routine.

CANCELLATIONS – Change of plans? Use the ordering website to cancel any lunch in the event of illness or other absences. Your lunch account will be credited 100%, provided you cancel before 7am on the day the lunch is scheduled for. For cancellations after that time, please call the cafe at (845) 352-3130 for a reduced credit.

DIETARY CONSIDERATIONS – All lunches are natural, fresh & most can be ordered gluten free. We do not use canola oil, high fructose corn syrup, or GMO ingredients. Poultry is free of antibiotics and added hormone free. **Grape Tomatoes Choking hazard** – we can cut tomatoes for younger campers - check the box on the menu item.

THE LUNCH BOXES:

<p>No 1. Peanut Butter & Organic Strawberry Jam (SB&J) \$8</p> <p>Organic multigrain bread, organic carrot sticks & grape tomatoes, GF granola bar <i>Also available with sunflower seed butter</i></p>		<p>No. 2 –Turkey & Monterey Jack Sandwich \$9.50</p> <p>All natural turkey, lite mayo, organic multigrain, organic grape tomatoes, GF granola bar & fresh fruit. <i>Available GF bread</i></p>	
<p>No. 3 - Café's Organic Hummus Box \$8.50</p> <p>4oz portion of Café's Organic Hummus, organic carrots, cucumbers, pita, fresh fruit <i>Available GF ;;;'</i></p>		<p>No. 4 - Chicken Salad Wrap 9.50</p> <p>Antibiotic/hormone free roasted chicken, celery & apples in a lite mayo-yogurt dressing on a wheat tortilla, organic grape tomatoes, GF granola bar & fresh fruit <i>Also available GF - no wrap sub in gf tortilla chips</i></p>	
<p>No. 5 – Whole Wheat Bagel with cream cheese \$8</p> <p>Cherry tomatoes, organic carrot sticks, GF granola bar & fresh fruit</p>		<p>No. 6 – Café Combo Box \$9</p> <p>Organic grape tomatoes & carrots, rolled antibiotic/hormone free turkey slices, string cheese, fresh fruit, gf granola bar. <i>Also available with no turkey & extra cheese, or no cheese extra turkey</i></p>	